

## 12 weeks of art

Deborah Foutch & Maris Gilbert will facilitate the 12 week course based on Julia Cameron's "The Artist's Way". The proven exercises from the book are the foundation this course. They will be supplemented by weekly hands on experiential exploration of art materials and processes in the artist's studio in the Casket Arts Carriage House.



This fall will fly by as you discover and recover your creative powers



### Casket Arts Carriage House

Studio  
1720 Madison St NE  
#303  
Minneapolis, MN 55413

Phone: 612-730-4281

Registration form on the Contact page of  
[www.deborahfoutch.com](http://www.deborahfoutch.com)

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OH BE CREATIVE

## The Artist's Way Experiential Class



Casket Arts Carriage House

[www.deborahfoutch.com](http://www.deborahfoutch.com)

The Artist's Way Experiential  
A 12 week course taught by two  
practicing artists



There are  
two 12 week  
sessions  
beginning on  
Monday Sept.  
13 or Wed.  
Sept. 15.  
There will be  
a one week  
break for  
Thanksgiving  
and class

concludes the 1st week of  
December.

This fall will fly by as you  
discover and recover your  
creative powers. Whether  
making art is your career,  
your hobby, or your dream  
doing the creative exploration  
provided by the The Artist's  
Way exercises will open you.  
Walk into winter with your  
eyes open and hands ready to  
create!

## Structure

The class is based on Julia Cameron's "The Artist's Way". We ask you to read a chapter and engage as many exercises as possible each week. The Studio class begins with a visual check in followed by a discussion of the week's readings. The last portion of the evening is spent as a hands on art materials experiential tied to the week's topic.

## Materials

Each class participant is responsible for acquiring a copy of "The Artist's Way" All other materials will be provided in the class room/studio.

We will collage, draw, write, wrap, build, deconstruct, and reconfigure, use printmaking techniques, painting techniques, and more.

2 engaged and actively practicing artists will lead you through an exploration of techniques and concrete projects that will leave you with several finished art pieces and the curiosity about material exploration to carry into your creative future.

**FEE** \$180 for 12 week course Cash, checks & credit cards accepted, contact Deborah to arrange payment

612-730-4281

deborah@deborahfoutch.com

for registration form:

www.deborahfoutch.com



## Overview

Class is usually 8 people with Maris and I we make 10. We ask that the participants have Julia Cameron's book and that they read a chapter each week. As you arrive we ask you to take 10 or 15 quiet minutes to do a "how was this week?" page. You are given paper and collage materials as well as markers and other media. This can be anything, words, pictures, drawings, you can just poke holes in it if that what it feels like that week. Each check in page is the same size and you will keep them. In week 11 we will make a binding book to place them in. It interesting when you collect them together, there is a progression. This activity is followed by a verbal check in then a discussion lead by Maris and Deborah about the week's reading and some of the exercises. We ask for your reactions to the same material we have all read. Maris is our time keeper we leave the last portion of the class for playing with art materials in a way that feels related to that weeks reading. Paint and mask work for flow and resistance for instance, large paper and many colored pens on a week she (Julia C) is discussing mapping, boxes around safety. We use print making techniques, collage, sticks and stones, words, collected images & photos you bring. We ask you to look and try and look in a fresh way and try again. We try for enough timed structure to insure time to play with art materials as well as touching the valuable exercises the book lays out. Our expectation is that you would read between each class and try some of the suggested exercises on your own an be willing to discuss some of your reactions to them.

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